

lunch menu

12-2pm

2 courses £27.95

cumin spiced sweet potato soup with coconut & coriander

chicken liver parfait with fresh mango chutney & toasted brioche

salad of fresh heritage tomato & roasted baby beetroot with
whipped goats cheese, mint & fresh pomegranate

grilled fillet of mackerel with cassoulet of chickpeas, mussels &
rose harissa

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slow cooked shoulder of lamb with paprika roasted aubergine,  
tomato, olive, artichoke & lemon scented bulgur

roast breast of chicken with risotto bianco, local chanterelle  
mushrooms, black pudding & pancetta

pan fried fillet of seabream with crisp oriental salad, prawn  
tempura & crushed avocado with a soy & lemongrass dressing

butternut squash fritters with roasted red pepper & chilli cous  
cous, crumbled feta cheese coriander & lime

To reserve a table please check availability on  
[www.rocpoolrestaurant.com](http://www.rocpoolrestaurant.com)