

lunch menu

12-2pm

2 courses £26.95

harissa spiced sweet potato soup with coconut & coriander

avocado & broad bean mash with mozzarella buffalo, lemon,
mint & toasted sourdough

crisp golden polenta with slow cooked Italian meat ragu, rocket
leaves & fresh parmesan

grilled king prawn with roasted red pepper cous cous , chilli,
ginger, coriander & citrus scented yoghurt

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smoked haddock with black pudding mash potato, wilted spinach  
& soft poached egg with parsley sauce

oven roasted breast of chicken with Italian sausage & butternut  
squash risotto with crispy sage & caramelised shallots

sea bream tempura with steamed jasmine rice & oriental  
dressing, shaved cucumber & fresh mint salad with lime

parmesan crusted parsnip fritters with granny smith apple & mint  
salad, maple syrup & a blue cheese & walnut whip

To reserve a table please check availability on  
[www.rocpoolrestaurant.com](http://www.rocpoolrestaurant.com)