

early evening menu

5.45 - 6.45

2 courses £19.95

curried prawn & pea risotto with coconut & coriander

crisp fried polenta with parma ham, sage and buffalo mozzarella

carpaccio of beetroot with Highland blue cheese & roasted hazelnuts with fresh mint & aged balsamic

minestrone soup with cavolo nero, beans & parmesan

scrambled egg & crab on toast with cress & spring onion crème fraiche

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smoked haddock & salmon chowder with fresh mussels, shrimps, peas & corn

roast breast of chicken with carrot & swede mash, thyme & macadamia nut stuffing with caramelised shallots & pancetta

roasted butternut squash with salad of pearl cous cous, avocado & clementine, pomegranate & feta herb dressing with sumac

pan fried fillet of sea bream with stir fry of baby calamari, pak choi & chorizo sausage, steamed jasmine rice & oriental dressing

scotch sirloin steak garni with oven roasted tomatoes, mushrooms & hand cut chips with crispy onion rings & peppercorn sauce  
(£4 supp )

Please note this menu is not available on Saturdays

To reserve a table please check availability on  
[www.rocpoolrestaurant.com](http://www.rocpoolrestaurant.com)