

## lunch menu

12.00 – 2.30

2 courses 16.95

carrot & apricot soup with honey & sesame croutons

salad of fresh buffalo mozzarella with sweet roasted piedmonte peppers, baby plum tomato & aubergine with fresh basil & mint

fritto misto of king prawn & baby calamari with marinated plum tomatoes, fresh lemon, chilli & crispy capers

pork 'tonnato' sliced pork loin with tuna mayonnaise dressing, rocket leaves, lemon & caper berries

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roast fillet of sea bream with warm salad of local baby courgettes, fine green beans & soft boiled egg with shaved parmesan, dijon mustard & crisp fried potatoes

honey & lemon glazed breast of chicken with Moroccan spiced cous cous, almond, sultana & fresh coriander with a cucumber & garlic tsatziki

risotto bianco with new season local chanterelle mushrooms, minted broad beans with garlic & parsley butter

grilled fillet of mackerel with cassoulet of fresh cannellini beans & nduja sausage with mussels, prawns & roasted red peppers

To reserve a table please check availability on  
[www.rocpoolrestaurant.com](http://www.rocpoolrestaurant.com)