

early evening menu

5.45 - 6.45

2 courses £19.95

carrot & apricot soup with honey & sesame croutons

salad of fresh buffalo mozzarella with sweet roasted piedmonte peppers, baby plum tomato & aubergine with fresh basil & mint

fritto misto of king prawn & baby calamari with marinated plum tomatoes, fresh lemon, chilli & crispy capers

pork 'tonnato' sliced pork loin with tuna mayonnaise dressing, rocket leaves, lemon & caper berries

scrambled egg & crab on toast with cress & spring onion
crème fraiche

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roast fillet of sea bream with warm salad of local baby courgettes, fine green beans & soft boiled egg with shaved parmesan, dijon mustard & crisp fried potatoes

honey & lemon glazed breast of chicken with Moroccan spiced cous cous, almond, sultana & fresh coriander with a cucumber & garlic tsatsziki

risotto bianco with new season local chanterelle mushrooms, minted broad beans with garlic & parsley butter

grilled fillet of mackerel with cassoulet of fresh cannellini beans & nduja sausage with mussels, prawns & roasted red peppers

scotch sirloin steak garni with oven roasted tomatoes, mushrooms & hand cut chips with crispy onion rings & peppercorn sauce (£4 supp )

Please note this menu is not available on Saturdays

To reserve a table please check availability on  
[www.rocpoolrestaurant.com](http://www.rocpoolrestaurant.com)