

lunch menu

2 courses

£9.95

smoked mackerel pate with soft boiled egg & melba toast

cream of cauliflower soup with fresh coriander & curry oil

orecchiette pasta with chorizo sausage,
sweet garden peas & ricotta cheese

crispy duck salad with bean sprouts, water chestnuts
& a spicy tomato dressing with sesame

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escalope of salmon glazed with ginger & chilli with scented basmati  
rice, roma tomatoes & tsastziki

breast of chicken with lemon & parsley breadcrumbs, creamed  
potato & rocket leaves with shaved parmesan

open faced omelette of roasted pumpkin, asparagus  
& manchego cheese with herb butter

roasted filet of sea bream with a warm salad of artichoke, fine green  
beans & feta cheese with gremolata

**can you keep a secret?**

**rocpool now open on sundays 5.45pm till late  
early evening menu available**